

Name: _____

Class: _____

FIRST AID BOX AND FIRST AID TREATMENT

A. Answer the following questions

1. Why is it important to have a first aid box at home? (1 mark)

2. Apart from home, where should a first aid box also be kept? (3 marks)

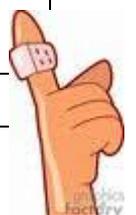
- _____
- _____
- _____

3. Circle those items which SHOULD NOT be kept in a first aid kit. (3 marks)



4. Put these steps in order - Treatment for Small Cuts and Grazes (4 marks)

Raise the injured part above the level of the heart. Support the effected part with the other hand.	
Cover the wound with a clean dressing and a bandage.	
Using a gauze apply pressure on the wound.	
Wash hand. If you are going to help someone wear the gloves.	1
Rinse the injured part under running water.	



5. Complete the paragraph below with the words in the box. - Burns and Scalds (10 marks)

lotions, comfortable, cold, remove, gloves, 10, blisters, fat, hospital, sterile



The following is the treatment given for burns and scalds. Firstly, make the patient _____ and pour _____ water on the burn, for _____ minutes. Put on the disposable _____. If there are any jewellery, gently try to _____ them. Never remove any clothing that is sticking to the burn. Cover the burn with a _____ dressing. If _____ form do not pop them. Never apply any _____ or _____. Take the casualty to the _____ for further treatment.

6. Read the following situations, and explain the treatment required (4 marks)

Your younger brother didn't know that the oven was switched on. He touched it and burned his hand.
How can you help him?



While at the beach your mother got stung by a jellyfish. How can you help her?

